

Code of Conduct

Welcome to the Bend chapter of The 1595 Club. We want to end each practice healthier than we started! And contribute to a great club atmosphere.

By signing below, you agree that you understand and will follow these expectations.



Show respect

Act respectfully at all times. We are a family-friendly club.

- Salute in and out of every drill with a nod or a bow.
- Don't turn your back on your training partner.
- Listen to the instructions for the drill, and stick to it.
- Minimize talking and feedback to your partner.
- No inflammatory politics, sexism, racism or other nonsense.

Protect yourself

You are responsible for your safety and comfort level. Pay attention!

- You are the judge of what type and level of contact is ok to receive.
- Do not be too trusting of your classmates. Think of their sword as a dangerous sharp.
- Tell your training partner if the contact is uncomfortable.
- Tell the coach about any physical limitations that may impact your safety.
- If you feel unsafe, disengage by stepping back and saluting out.
- Wear proper safety gear for the activity.

Protect your classmates

- Don't put the point near your partner's unprotected face.
- Use the minimal speed and power needed.
- Do not debate your partner's feedback around contact levels.
- Comment and/or yell HALT if you see people being unsafe.

Attend practices regularly

- Attend every practice.
- Notify the coach if you must be absent.
- Show up on time and ready to train.

After your first practice

- Sign up for dues payments: <https://bend1595.com/members>
- Purchase a fencing mask and other necessary gear.

Suggested masks and other gear are listed in the Newcomer's Checklist, which you should have been provided along with this document.

Thank you for being a part of our club!

Signature

Date